Listening



1 *Track 14* **Listen to six speakers. Are the statements true (T) or false (F)?**

1 The woman is aggressive towards Ben. *F*
2 The woman likes factual programmes. _____
3 The man is older than his colleagues. _____
4 The woman thinks the exhibition reflected the critics' views. _____
5 The man is embarrassed about enjoying gossip. _____
6 The man looks forward to getting up every day. _____

10



2 *Track 15* **What are they talking about? Listen and tick the correct answer: a), b) or c).**

1 a) kidnapping ○
b) stalking ◉
c) mugging ○
2 a) mugging ○
b) shoplifting ○
c) pickpocketing ○
3 a) hacking ○
b) tax evasion ○
c) identity theft ○
4 a) shoplifting ○
b) vandalism ○
c) pickpocketing ○
5 a) kidnapping ○
b) mugging ○
c) bribery ○
6 a) arson ○
b) vandalism ○
c) counterfeiting ○

10

Grammar and Vocabulary

3 Underline the correct alternative.

1 I saw the train pull ○ *off* / ◉ *out* of the station.
2 Ian insisted ○ *on* / ○ *for* paying for the meal.
3 I was falsely accused ○ *for* / ○ *of* shoplifting.
4 Jo looks very young ○ *for* / ○ *in* her age.
5 We're campaigning to save our village hall ○ *against* / ○ *from* property developers.
6 He blames me ○ *about* / ○ *for* his mistakes.
7 I can't believe you fell ○ *for* / ○ *in* that old trick – you're so gullible.
8 I'm never really ○ *on* / ○ *over* the ball in the morning. I need coffee to wake me up.
9 It's important to look ○ *at* / ○ *on* the bright side especially when life is tough.
10 I thought Mike came ○ *across* / ○ *down* very well at the meeting.
11 Our neighbours' house was broken ○ *into* / ○ *in* again last week.

5

4 Complete the sentences. Use the correct form of the word in capitals.

1 What's the *width* of your table? WIDE
2 I always enjoy reading the _____ pages of the Sunday papers. EDIT
3 I'm very impressed by Susan's _____. She's really grown up now. MATURE
4 What is the _____ of your most popular newspaper? READ
5 You're under no _____, but I would really appreciate your help. OBLIGE
6 You choose. I really don't have a _____. PREFER

5

5 Correct two mistakes in each sentence.

1 It's hard to come *on* a decision as I can see all the *prose* and cons so easily.
to *pros*
2 The policeman tried arresting the burglar, what was a dangerous thing to do.
_____ _____
3 I will be leaving the country by the time you are reading my letter.
_____ _____
4 Julia Roberts, whose my favourite actress, got raving reviews for her film.
_____ _____
5 As a child I was only let to stay up late once on a blue moon.
_____ _____
6 I wouldn't live in Australia now if I had got a visa.
_____ _____

5

6 Complete the second sentence so that it means the same as the first. Use the word in capitals.

1 Were you able to get tickets for the World Cup Final? MANAGE
Did you manage to get tickets for the World Cup Final?
2 I'm sure you didn't see John yesterday because he's abroad at the moment. HAVE
You _____ he's abroad at the moment.
3 I'm really tired because I stayed up late last night. IF
I wouldn't be so tired _____ late last night.
4 'I'm sorry I let you down Maria,' said Lucy. APOLOGISED
Lucy _____ her down.
5 Emily isn't allowed to watch horror films by her parents. LET
Emily's parents _____ horror films.
6 Can I stay at your place tonight? PUT
Can you _____ tonight?

5

7 Complete the text with one word in each gap.

I've never been [1] *able* to understand why so [2] _____ people are obsessed with the ageing process. Whenever you [3] _____ on the television or flick through [4] _____ magazine, you'll see loads of advertisements [5] _____ beauty products claiming to [6] _____ years off you. Of course it's great to look young [7] _____ your age, but I believe that when you feel good on the [8] _____, you look good on the outside. I'd say that I'm [9] _____ my prime now. I wake up every morning feeling focused and I look [10] _____ to getting up and going to work. The last thing I feel [11] _____ doing is retiring as there are still so many things to do.

5

8 Choose the correct answers: a), b) or c).

1 I'm sorry I didn't mean what I just said. I *b* it all back.
a) give b) *take* c) put d) pull
2 I'm really looking forward _____ you later.
a) to see b) seeing c) to seeing d) see
3 That sales assistant was so _____ – in fact she was downright rude.
a) diplomatic b) tactful
c) helpless d) unhelpful
4 Please _____ papers now and correct your partner's answers.
a) swap b) grab c) divert d) scam
5 We'll have to cut the meeting _____ as something urgent has come up.
a) down b) off c) up d) short
6 We'll _____ sun, sand and sea this time next week.
a) be enjoying b) have been enjoying
c) have enjoyed d) enjoy
7 Steve _____ have lost his way as he's never late.
a) can't b) must c) mustn't d) can
8 My grandmother _____ me eat everything on my plate even if I didn't want to.
a) let b) allowed c) made d) forced
9 I'm so busy these days that there's _____ time to relax.
a) a little b) enough c) few d) little
10 I can't really remember the house _____ I grew up in.
a) where b) that c) what d) whose
11 If Sam had enough money, he _____ his car last week.
a) wouldn't have sold b) would have sold
c) wouldn't sell d) would sell

10

9 Match 1–11 with a)–k).

1 pros and	*i*	a) on
2 peace and	_____	b) ready
3 leaps and	_____	c) downs
4 on and	_____	d) then
5 rough and	_____	e) through
6 now and	_____	f) breezy
7 sick and	_____	g) bounds
8 ups and	_____	h) take
9 through and	_____	i) ~~cons~~
10 give and	_____	j) quiet
11 bright and	_____	k) tired

5

Speaking

10 Correct the phrases in bold by adding the missing words from the box.

shouldn't obvious ~~you~~ can surely is

A: [1]**Don't agree that** voting should be compulsory like it is in Australia? *Don't you agree that*
B: [2]**But** it should be up to the individual. _____
A: Why? [3]**Anyone see that** politics affects our daily lives. _____
B: [4]**But** we just let politicians get on with governing the country? _____
A: [5]**So what you're saying that** we as individuals have no power? _____
B: [6]**But isn't it that** we don't? _____
A: Well clearly we'll have to agree to disagree.

5

11 There is one extra word in each sentence. Write it in the gap.

1 Tom is such a so helpful person, don't you think? *so*
2 Why on the earth didn't you listen to me? _____
3 I so do know the answer to the question if you don't mind! _____
4 My neighbours are the ones who they looked after my house while I was away. _____
5 It's very completely insane to spend so much money on clothes. _____
6 There's no the way you could have met Paul before. _____

5

12 Complete the sentences with the correct form of the words in the box.

happen ~~catch~~ realise occur go remind

1 I'm afraid I didn't *catch* the make of car. It could have been a Renault.
2 It _____ to me that the young man was acting suspiciously.
3 My mind just _____ blank and I couldn't remember anything.
4 It all _____ so fast that I just froze.
5 She _____ me of my sister as they're both tall and blonde.
6 It was only later that I _____ the danger I'd been in.

5

Reading

13 Read the article and write true (T) or false (F) next to the statements 1–11.

Live long, keep healthy

Thanks to developments in medical research it is no longer unusual for people to live well into their eighties and nineties, but this longevity can come at a price and there are few who would wish to have a long life if they knew that they were going to end their days suffering from ill health or loneliness.

Here at *Healthy Ageing*, we believe that humour and a positive outlook play a big part in keeping us young so we hope you will enjoy our humorous guide to growing old.

Forget numbers

Don't worry about numbers. Most of them are not important. Don't think about numbers connected to age, weight and height. Let the doctors worry about those. After all, that's what we pay them for, isn't it?

Be a student

Continue to learn. Keep abreast of what's going on in the world. If you don't have one already, get a computer and teach yourself how to use it. Take up new hobbies. Get out into the garden. Join the local history society. Whatever it is, make sure you use your brain because if you don't, your brain will just give up on you.

Spend time with happy people

Be careful about the company you keep. Avoid negative people. They bring you down and make you feel depressed.

Laugh

Laughter works in more ways than you can imagine. Did you know that laughter dissolves tension, stress, anxiety, irritation, anger, grief and depression? Laughter boosts the immune system as well as releasing endorphins so make sure you start seeing the funny side.

Remember simple pleasures

Take time to listen to the birds. Sit back and watch the clouds. Go to a café and just simply watch the world go by.

Accept times of sadness

Everyone goes through difficult times, no one's denying that. It's how you deal with them that counts: cry if you need to and move on.

Surround yourself with things you love

Whatever that might be: family, pets, keepsakes, music, plants. Your home is your refuge.

Take care of your health

If it is good, preserve it. If it is unstable, improve it. If you can't improve it by yourself, be sure to ask for professional help.

Don't feel guilty

Enjoy your pleasures, and don't reproach yourself. Go shopping, go abroad. If you have the money, enjoy it.

And most important of all …

Tell the people you love that you love them, at every opportunity. It's good for you, it's good for them.

We hope that you've enjoyed reading these tips. Please write in and let us know what keeps you young at heart and we'll print your ideas in next month's edition.

According to the writer:

1 we are living longer than we used to. *T*
2 old people can feel lonely. _____
3 it doesn't matter if we have a pessimistic outlook on life. _____
4 you should pay your doctor to worry about you. _____
5 your brain needs stimulation. _____
6 you shouldn't be with people who are negative. _____
7 laughter improves your health. _____
8 you must go outdoors every day. _____
9 it is bad for you to cry. _____
10 you should have a pet. _____
11 your health is your responsibility. _____

10

Writing

14 Rewrite the two sentences as <u>one</u> sentence. Use the word in brackets.

1 Some teenagers watch too much television. Others prefer to do sport. (While)
While some teenagers watch too much television, others prefer to do sport.

2 Max started going to the gym every day. He hoped to impress his colleagues. (in order to)

3 My brother is very ambitious. He doesn't work hard. (Although)

4 Julia wrote out a new CV. She wanted to apply for another job. (because)

5 Sally was exhausted. She still went to Jodie's wedding. (Despite)

6 Ben took a week off. He wanted to go to his sister's wedding in Canada. (for)

5

15 Write a leaflet giving advice about using public transport in your town / country. Write 140–180 words.

	10

Total:	100